CUBS PHYSICAL RECREATION BADGE



To achieve the **Physical Recreation badge** you must complete all the sections below.

Your name
What sport do you take part in and how often do you play it?
What are the main rules for this sport, and what kind of equipment is needed for it?
How do you look after the equipment needed for this sport?

How do you practice for your sport?
You need to show a good sporting attitude for your sport. Give some examples of how you can do this.