

CUBS SKATER BADGE



To achieve the **Skater badge** you must complete all the sections below.

Your name _____

You must have used any **one** of the following items for at least three months: roller skates, ice skates, skateboard. Write down which item you have used, where and how often you have used it.

Describe the protective equipment that needs to be worn, and the safety rules you follow when using the above item.

When you are using your roller skates, ice skates or skateboard, describe how you start, stop and turn safely, and also how to fall safely and regain your balance.